

Word Search: Dealing with Anger

C Z D E S T R U C T I V E Q A G
O Q Y F S Q I T C
M A V O I D A N K P P R E C F
U H N Q S X U K L E Y Y S S P L
P R O M I S E T I T U
K Q N Z I C J N I R O J Q
S J F U T U T T Z D C A N V R
A K P D E E P V B R E A T H X E
T W N Z N R S O Z P R L
E J Y X C V E U O S A
V T Q L E E T T H N X
S Z C I N S A A X G L V
P O S I T I V E R D K E M
N T E O P R O M I S E T V
E N F E A R W A L K Z A V Y
G G L Q Y C A L M E D O W N
Y E Z M A N A G E M E N T

(DIRECTION: LEFT TO RIGHT, TOP TO BOTTOM, UP, SLANT UP, SLANT DOWN)

ACCEPT DEEP BREATHING
ANGER AVOID
CALM DOWN
CHANGE
COMPROMISE
CONSEQUENCE
CONTROL
DEEP BREATHING
EMOTIONAL HARM
FOCUS
FRUSTRATE
INTERVENTION
MAY BE
PHYSICAL HARM
POSITIVE
PROBLEM
REFLECT
RELAX
SAFE
STRATEGY
TALK IT OUT
TENSION
THINK
UNDERSTAND
UPSET
WALK AWAY

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K Q N Z I C J N I R O J Q
S J F U T U T T Z D C A N V R
A K P D E E P V B R E A T H X E
T W N Z N R S O Z P R L
E J Y X C V E U O S A
V T Q L E E T T H N X
S Z C I N S A A X G L V
P O S I T I V E R D K E M
N T E O P R O M I S E T V
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K Q N Z I C J N I R O J Q
S J F U T U T T Z D C A N V R
A K P D E E P V B R E A T H X E
T W N Z N R S O Z P R L
E J Y X C V E U O S A
V T Q L E E T T H N X
S Z C I N S A A X G L V
P O S I T I V E R D K E M
N T E O P R O M I S E T V
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M A V O I D A N K P P R E C F
U H N Q S X U K L E Y Y S S P L
P R O M I S E T I T U
K Q N Z I C J N I R O J Q
S J F U T U T T Z D C A N V R
A K P D E E P V B R E A T H X E
T W N Z N R S O Z P R L
E J Y X C V E U O S A
V T Q L E E T T H N X
S Z C I N S A A X G L V
P O S I T I V E R D K E M
N T E O P R O M I S E T V
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I draw all the clipart myself for all the products in my store.

Thank you so much and I hope you enjoy this lesson.

